

Day 9 – Amsterdam to Albany - cues  
Sept 1 - Wednesday (mapped miles = 48.8)

From the hotel, turn **right** onto  
**RTE 5S** and ride to the first street on the **left** and turn left onto  
**PS STR.** At the intersection, turn **left** onto  
**DESTEFANO AVE.** At the next right, turn **right** onto  
**ESSEX STR** and then at the next corner, turn **left** onto  
**MONTGOMERY STR.** Stay on Montgomery as it curves to the **right** and **becomes**  
**DEWITT STR.** Continue to the second intersection and turn **left** on  
**FLORIDA AVE.** Almost immediately, turn **right** onto  
**BRIDGE STR.** Ride about one block and turn **right** onto  
**ERIE CANALWAY TRAIL.** Stay on the trail for 16.6 mi to Schenectady. On the west side of  
Schenectady, the trail will become a **sidepath of Hwy 5/State Street** as it enters the city. At  
the stoplight (intersection of NY-5 and Washington Str), just after passing a building for SUNY  
Schenectady and riding under an overhead walkway, turn **left** onto  
**WASHINGTON STR** (a one-way northbound street). At the next intersection, turn **right** onto  
**UNION STR.** Ride 5 blocks (under the railroad) and turn **left** on  
**JAY STR.** Ride about two blocks and turn **right** (after passing the Sawmill Tavern on the right)  
onto the  
**ERIE CANALWAY TRAIL.** In about 2 mi at a small parking lot in a park, turn **left** to continue on  
**LINE DR,** a driveway around the park which soon connects with the  
**ERIE CANALWAY TRAIL (or Mohawk-Hudson Trail).** Continue on the trail for 7.5 mi to a T-  
intersection, and turn **right** on  
**ISLAND VIEW RD.** Stay on this road as it takes us under I-87 and reconnects with the  
**ERIE CANALWAY TRAIL** after crossing Dunsbach Ferry Rd. The trail winds through a subdivision  
for about 0.25 mi and comes to a T-intersection with another trail. Turn **left** to keep on the  
route. In about 7 mi, the trail comes to  
the **trailhead** at **ALEXANDER STR.** Turn **left** on  
**ALEXANDER STR,** ride two blocks and turn **left** on  
**LINCOLN AVE.** Ride 1 block and turn **right** on  
**SPRING STR.** Stay on Spring Str as it **becomes**  
**DYKE AVE** after crossing two other streets. In 0.5 mi, turn **left** onto  
**VETERANS MEMORIAL DR.** Ride 1 block and turn **right** on  
**CANNON STR.** At the next intersection, turn **left** on  
**TIBBITS AVE.** and then **right** on  
**GEORGE STR.** Stay on George Str for about 1 mi to a stoplight Y-intersection with  
**ALBANY AVE.** **Keep right** to get on **Albany Ave.** In 0.25 mi turn **left** onto  
**BROADWAY.** Stay on Broadway for about 2 mi. at  
**4<sup>TH</sup> STR.** (Look for multi-colored smokestack on left) Turn **left** on  
**4<sup>th</sup> STR** (follow signs for “Mohawk-Hudson Bike Trail”), go under the expressway and at the  
parking lot, turn **right** onto the

**MOHAWK-HUDSON BIKE TRAIL** along the Hudson River. Stay on the trail for about 5 miles.

>> the ECT technically terminates at the **Corning Preserve Boat Ramp**. Look around for a sign to do the **obligatory photo-op**.

Continue **southward** on the bike trail to the Corning Preserve (parking lot, playground, boathouse, etc). Look for a

**GREEN-PAINTED TRAIL** and keep **right** on it to continue south. The trail is a sidepath of Quay Street. In about 0.25 mi, at the intersection with NY-5 (stoplight and an intersection with an underpass that says "Historic Albany"), use the

**CROSSING** to cross Quay Street and get on a

**RAMP TO CROSS DUN MEMORIAL BRIDGE**. Cross the bridge, and at the end of the ramp turn **left** onto

**BROADWAY**. Ride about 1 ½ blocks and turn **right** on

**HERRICK STR**. Ride across the bridge (railroad overpass) and continue to the T-intersection and turn **left** onto

**EAST STR**. Ride about 1 ½ block and turn **left** into the AMTRAK STATION PARKING LOT Entrance.